



## YouTube Video Highlight Edible Landscapes Tour: Olive

You may have heard the campus olive trees are over 125 years old, but do you know the history of how they got here? **This video** highlights how these trees are interwoven within the heritage of the University of Arizona.

**The Campus Arboretum's Edible Landscapes Tour: Olive (Olea Europea)** takes viewers on a stroll through time to learn about why these edible plants represent a moment in campus history and how they are still relevant today.



[CLICK HERE to enjoy the video on YouTube](#)

# Olive

*Olea europaea*

## Cultivation:

- Evergreen tree native to the Mediterranean.
- Drought tolerant

## Blooms:

Cream colored flowers in spring

## Fruits:

- Harvest in autumn
- Fruit must be pickled, brined, or dried to alleviate bitterness.

## Health Benefits:

- Anti-inflammatory characteristics
- Source of healthy monounsaturated fats.
- Promotes gut health



THE UNIVERSITY OF ARIZONA  
COLLEGE OF AGRICULTURE & LIFE SCIENCES  
Campus Arboretum



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*Promote stewardship and conservation of urban trees in Arizona.*

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